North Downs Waltz c. 1809

Longways set duple minor (3/4)

- A1 4 1st man 2nd lady set forwards & back, change places (passing right shoulders)
 4 1st lady 2nd man repeat
- A2 4 1st man 2nd lady set forwards & back, change places (passing right shoulders) 4 1st lady 2nd man repeat
- B1 8 1st couple lead down the middle & back, cast behind the 2's into 2's place (2's move up)
- B2 8 1st & 2nd couples waltz once round each other (ballroom direction)